«APROVED» Tashkent Medical Acdemy Dean of the Treatment Faculty Khalmatova B.T.____

«____»____2017

THEMATIC PLAN FOR YEARS 2017-2018

Department: Internal diseases №2 Subject: Internal deseases Department: Treatment – faculty: 6 course, semester: 11-12 Hours for 1 semester _____: lectures–30 h. practical occupation – 384 h.

Contents of Lecture Material

N₂	Date	Topics of the lectures	Hours
1		Fundamentals of family medicine. Principles of a GP. The basis of the Interpersonal Communication.	2
2		Differential diagnosis of coronary heart pain in the chest. Features of the course of IHD, myocardial infarction.	2
3		Differential diagnosis of arterial hypertension. Prophylaxis and treatment of arterial hypertention and tactics of a GP.	2
4		Differential diagnosis with bronchoobstructive syndrome. Prophylaxis and treatment of bronchoobstructive syndrome and tactics of GPs.	2
5		Differential diagnosis of edematous-ascitic syndrome. Modern methods of treatment for CHF. Prevention. Tactics of a GP.	2
6		Differential diagnosis of joint syndrome. Individual approach to treatment. Prevention. Tactics of GP.	2
7		Differential diagnosis for jaundice and hepatomegaly. Prevention. Tactics of GPs	2
8		Syndrome of blackout of the lungs. Differential diagnostics. Tactics of a GP. Principles of treatment.	2
9		Differential diagnosis in pathological urinary sediment. Prevention. Tactics of GPs	2
10		Gerontology and general geriatrics. The problem of the elderly. The course of the disease and the problem in the elderly.	2
11		Arrhythmia syndrome. Differential diagnostics. Sudden coronary death. Etiology. Prevention. Tactics of GPs	2
12		Differential diagnosis of cardiomegaly and cardiac noise. Prevention. Tactics of a GP.	2
13		Non-carinogenic pain in the chest. Clinic, diagnosis. Prevention. Tactics of a GP.	2
14		Differential diagnosis in dysphagia and dyspepsia. Prevention. Tactics of a GP.	2
15		Syndrome of fever. Fever of unknown origin. Prevention. Tactics of a GP.	2
		Total	30

Thematic plan for practical classes for students of the 6th course cycle "Stationary therapy" of the treatment faculty for the 2017-2018 academic year

№	Theme of the practical lesson	Hou	irs
1	Fundamentals of family medicine. Medical documentation. Functions of the GP. Features of the work. The rights of the doctor and the patient. Ethics and deontology in the work of the GP.	3	3
2	Working with family. Features of the work. Psychological climate in the family. Problems of religion, rituals. Family counseling. Principles of Counseling in PEP.	3	3
3	Differential diagnosis in the practice of GP. Anticipated diagnosis. Principles of constructing a clinical diagnosis in a hospital and in outpatient practice. The reasons, the nature of medical errors in the clinic of internal diseases. The concept of the most dangerous diseases. Diagnostic errors. Diseases of imitators. Mental disorders and simulation	3	3
4	Healthy food. Healthy food, description, food composition, food pyramid, healthy food- prevention of various diseases. Fundamentals of non-pharmacological therapy. The concept of adherence to non-drug therapy	3	3
5	Cough with sputum. Differential diagnosis of community-acquired pneumonia of different etiology (bacterial, viral, mycoplasma). A differentiated approach to treatment. Tactics of GP in the detection of pneumonia	3	3
6	Cough with sputum. Differential diagnosis of nosocomial pneumonia. Atypical pneumonia of different etiology. A differentiated approach to treatment. Tactics of GP in the detection of pneumonia.	3	3
7	Syndrome of pulmonary dissemination and dimming in the lungs. Differential diagnosis in case of fractional and segmental darkening of the lungs: lobar pneumonia, infiltrative pulmonary tuberculosis, pulmonary infarction, focal pneumonia, tuberculoma. Tactics of GP and methods of prevention.	3	3
8	Syndrome of rounded shadow in the lungs. Differential diagnosis for lung abscess, lung tumor, lung echinococcus, hematogenous disseminated form of pulmonary tuberculosis, pneumoconiosis, metastasis of cancer. Tactics of GP and methods of prevention	3 (2/1)	3
9	Pain in the chest associated with lung disease. Differential diagnosis in dry, exudative. Types of exudative pleurisy. Differential diagnosis of asymptomatic pleurisy. Opportunities and tactics of GP in the early detection of pleurisy.	3	3
10	The syndrome of hemoptysis. Medical tactics and differential diagnosis of the main nosological forms (cancer, suppuration of the lungs, PE, tuberculosis). Timely detection and tactics of GP at PE before and during hospital	3	3

11	Shortness of breath, suffocation.	3	3
	Differential diagnosis of diseases occurring with bronchial obstruction (bronchial asthma, COPD, lung tumors).	(2/1)	
12	Shortness of breath, suffocation. Differential diagnosis of dyspnea with cardiac and pulmonary pathology. Tactics of GP in these complications.	3	3
13	Arrhythmias. Differential diagnosis of pacemaker migration, sinus node weakness syndrome, extrasystole, fibrillation and atrial flutter of the ventricles, paroxysmal tachycardia, WPW syndrome. Tactics of GP according to the class of arrhythmia. Identifying a high-risk group.	3 (2/1)	3
14	Arrhythmias. Differential diagnosis of pacemaker migration, sinus node weakness syndrome, extrasystole, fibrillation and atrial flutter of the ventricles, paroxysmal tachycardia, WPW syndrome. Tactics of GP according to the class of arrhythmia. Identifying a high-risk group.	3	3
15	Arrhythmias. Differential diagnostics in blockades: intracardiac and atrioventicular. Differential diagnosis for intraventricular blockades. Tactics of GP and therapy for violations of rhythm and conductivity. Indications for ECS.	3	3
16	Arterial hypertension Differential diagnosis of hypertensive disease with renal hypertension. Risk factors, stages of GB, types of renal AH (parenchymal and renovascular). Indications for surgical treatment. Prevention. Tactics of GPs.	3	3
17	Arterial hypertension Differential diagnosis of hypertensive disease with endocrine hypertension. Types of endocrine AH (pheochromacitoma, Kona syndrome, Itenko-Kusheng syndrome, thyrotoxicosis). Indications for surgical treatment. Prevention. Tactics of GPs.	3 (2/1)	3
18	Arterial hypertension A differentiated approach to the appointment of antihypertensive therapy, taking into account the main clinical and pathogenetic variants of hypertension, hemodynamics, with symptomatic hypertension taking into account the underlying disease. Prophylaxis. Tactics of GPs.	3	3
19	Pain in the region of the heart Differential diagnosis of pain syndrome in IHD, stable angina pectoris of different FC. Lipid exchange disorders. Risk factors. The importance of ECG with exercise and coronary angiography for the diagnosis of the degree of coronary artery disease. Clinical evaluation of sample results with exercise. Prevention. Tactics of GPs.	3	3
20	Pain in the region of the heartDifferential diagnosis of pain syndrome in IHD of unstable angina (first arising, progressive, spontaneous, early postinfarction, early postoperative). Clinical, laboratory, ECG diagnostics of stable and unstable angina. Acute coronary syndrome. Prevention. Tactics of GPs.	3 (2/1)	3

21	Pain in the region of the heart	3	3
	Differential diagnosis of pain in angina pectoris and myocardial infarction		
	(clinical, laboratory). Differential diagnosis of various clinical variants, stages in		
	myocardial infarction. ECG diagnosis of myocardial infarction. Prevention. Tactics		
	of GP at pre-, hospital and post-hospital stages.		
22	Pain in the region of the heart	3	3
	Differential diagnosis of early and late complications of myocardial infarction, the		
	tactics of conducting a GP of a patient with MI at a pre, hospital and outpatient		
	stage. Tactics of GP and principles of prophylaxis in postinfarction cardiosclerosis		
23	Heart murmurs and cardiomegaly	3	3
	Differential diagnosis of functional (myocardial, anemic, with blood changes,		
	fever) and organic (mitral and aortic defects) shu-mo in the heart. Early prevention		
	of complications, indications for surgical treatment. Tactics of GPs		
24	Heart murmurs and cardiomegaly	3	3
	Differential diagnosis for congenital heart defects. The importance of risk factors	(2/1)	
	for the disease, the implementation of preventive measures with FFV. Timely		
	clinical, laboratory-instrumental diagnostics, risk factors, development of UPU,		
	treatment, methods of patient management in PEP		
25	Heart murmurs and cardiomegaly	3	3
	Differential diagnosis for acquired heart defects. The importance of risk factors for		
	the disease, the implementation of preventive measures with FFV. Timely clinical,		
	laboratory-instrumental diagnostics, risk factors development, treatment, methods		
	of management of a patient with bacterial endocarditis in PZZ		
26	Heart murmurs and cardiomegaly	3	3
	Differential diagnosis of myocarditis and various clinical forms of		
	cardiomyopathies (dilational, restrictive, hypertrophic, periportal CMP,		
	arrhythmogenic right ventricular dysplasia). Early Detection and Prevention of		
	ILC and the GP tactics		
27	Dysphagia	3	3
-	Differential diagnosis of esophagitis, reflux-esophagitis, dysphagia in sclero-		
	dermis, esophagus tumors, etc. Prevention. Tactics of GPs		
28	Stomach ache	3	3
	Differential diagnosis of gastritis and peptic ulcer (stomach and duodenum),		
	chronic cholecystitis and chronic pancreatitis. Prevention. Tactics of GPs		
29	Stomach ache	3	3
	Differential diagnosis of gastritis and peptic ulcer (stomach and duodenum),	-	-
	chronic cholecystitis and chronic pancreatitis. Prevention. Tactics of GPs		
30	Stomach ache	3	3
50	Differential diagnosis of nonspecific ulcerative colitis and Crohn's disease.	5	5
	Prevention. Tactics of GPs		
31		3	3
51	Hepatomegaly and jaundice Differential diagnosis of active and inactive chronic hepatitis Early diagnosis of	3 (2/1)	3
	Differential diagnosis of active and inactive chronic hepatitis Early diagnosis of isundice. Prevention and tactics of CPs	(-/-/	
	jaundice. Prevention and tactics of GPs		

Hepatomegaly and jaundice	3	3
Differential diagnosis of liver cirrhosis. Early diagnosis of jaundice. Prevention		
and tactics of GPs		
Hepatomegaly and jaundice	3	3
Differential diagnosis of cholelithiasis with tumors of the biliary-pancreatic zone	(2/1)	
(tumors of the liver, gall bladder, pancreas). Early diagnosis of jaundice.		
Prevention and tactics of GPs		
Articular syndrome	3	3
Differential diagnosis of rheumatic fever and rheumatoid arthritis,		
seronegative spondylitis. Prevention. Tactics of GPs		
Articular syndrome	3	3
Differential diagnostics of systemic lupus erythematosus, systemic scleroderma,		
GP.		
Changes in urinary sediment	3	3
Differential diagnosis of proteinuria and pathological urinary sediment	(2/1)	
Changes in urinary sediment	3	3
failure.		
Swelling Syndrome.	3	3
Geriatrics.	3	3
Problems of the age norm. Functional and organic changes in aging. Regularities		
of aging processes. The mechanism of development of age-related changes.		
Physiology and hygiene of nutrition of the elderly.		
Geriatrics.	3	3
Clinical manifestations of atherosclerosis and dynamic observation. Emphysema in	(2/1)	
the elderly. Age-related changes predisposing to the development of		
atherosclerosis and emphysema, COPD in the elderly. Tactics of GPs and methods		
of observation in the detection of these conditions in the elderly.		
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Geriatrics.	3	3
Geriatrics. Problems of the age norm. Problems of the elderly with diseases of the	3 (2/1)	3
Problems of the age norm. Problems of the elderly with diseases of the		3
		3
	Differential diagnosis of cholelithiasis with tumors of the biliary-pancreatic zone (tumors of the liver, gall bladder, pancreas). Early diagnosis of jaundice. Prevention and tactics of GPs Articular syndrome Differential diagnosis of rheumatic fever and rheumatoid arthritis, seronegative spondylitis. Prevention. Tactics of GPs Articular syndrome Differential diagnostics of systemic lupus erythematosus, systemic scleroderma, dermatomyositis, nodular periarteritis and hemorrhagic vasculitis. Tactics of the GP. Changes in urinary sediment Differential diagnosis of proteinuria and pathological urinary sediment (pyelonephritis, glomerulonephritis and interstitial nephritis). Tactics of GPs Changes in urinary sediment Differential diagnosis of amyloidosis and nephropathy (pregnant, diabetic, medicinal). Tactics of the GP. Differential diagnosis of stages of chronic renal failure. Swelling Syndrome. Differential diagnosis of edema: generalized (heart failure, kidney disease (nephritic syndrome, nephrotic syndrome, liver disease (cirrhosis, chronic hepatitis, liver cancer), diseases of the gastrointestinal tract, accompanied by loss of protein, prolonged fasting, cachexes, endocrine diseases, oncological diseases) and local edema (allergic, inflammatory, venous and lymphatic). Geriatrics. Problems of the age norm. Functional and organic changes in aging. Regularities of aging processes. The mechanism of development of age-related changes. Physiology and hygiene of nutrition of the elderly. Geriatrics. Clinical manifestations of atherosclerosis and dynamic observation. Emphysema in	Differential diagnosis of cholelithiasis with tumors of the biliary-pancreatic zone (1/2) (2/1) Differential diagnosis of cholelithiasis with tumors of the biliary-pancreatic zone (1/2) (2/1) Prevention and tactics of GPs 3 Articular syndrome 3 Differential diagnosis of rheumatic fever and rheumatoid arthritis, seronegative spondylitis. Prevention. Tactics of GPs 3 Articular syndrome 3 Differential diagnostics of systemic lupus erythematosus, systemic scleroderma, dermatomyositis, nodular periarteritis and hemorrhagic vasculitis. Tactics of the GP. 3 Changes in urinary sediment 3 Differential diagnosis of proteinuria and pathological urinary sediment (pyelonephritis, glomerulonephritis and interstitial nephritis). Tactics of GPs 3 Changes in urinary sediment 3 Differential diagnosis of amyloidosis and nephropathy (pregnant, diabetic, medicinal). Tactics of the GP. Differential diagnosis of stages of chronic renal failure. 3 Swelling Syndrome. 3 Differential diagnosis of edema: generalized (heart failure, kidney disease (nephritic syndrome, nephrotic syndrome, liver disease, oncological diseases) and local edema (allergic, inflammatory, venous and lymphatic). 3 Geriatrics. 3 3 Problems of the age norm. Functional and organic changes in aging. Regularities of aging processes. The mechanism of de

42	Geriatrics.	6	
	Problems of the age norm. Problems of the elderly with diseases of the urinary		
	system. Age changes predisposing to these diseases. Tactics of GPs and methods		
	of observation in the detection of these conditions in the elderly.		
	Final survey.		
	Total	22	8
	Thematic plan for practical classes for students of the 6th year The cycle "Ambulatory therapy" for the 2017-2018 academic year		
No.	Theme of the practical lesson	Hour	S
1	Fundamentals of family medicine.	3	3
	Structure of PZZ (SP and SVP). Principles of GP work. Duties of the GP. Medical	(2/1)	
	documentation. Functions of the GP. Features of the work. The rights of the doctor		
	and the patient. Ethics and deontology in the work of the GP.		
2	Working with family. Art of communication.	3	3
	Features of the work. Psychological climate in the family. Problems of religion,		
	rituals. Family counseling. Principles of Counseling in PEP. Responsibility of the		
	patient for his health (follow-up, monitoring of the condition in the PHC). Factors		
	contributing to communication. Difficulties in communication. Interpersonal		
	communication. Practical advice. Counseling. Types of consultations.		
3	Work with different population groups.	3	3
5	Children, adolescents, women (women of childbearing age, pregnant), men,	5	5
	elderly. Workers of production and agriculture. Socially unprotected people.		
	Patients, a difficult patient, a dying patient. Questions of rehabilitation and clinical		
	examination of patients with therapeutic diseases. Examination of work capacity.		
4	Prophylaxis in the work of GP.	3	3
4	Types and principles of prevention. Promotion of healthy lifestyles. Hygiene of	5	5
	food and life. Identification and prevention of risk factors for therapeutic diseases.		
	Impact on the main causes of morbidity and mortality. Strengthening of mental		
	status. Polypharmacy in the work of a doctor. The concept of adherence to drug		
	therapy. Prevention of infectious and non-infectious diseases. Immunization.		
5	Programs and activities. Health education.	2	2
5	Prophylaxis in the work of GP.	3	3
	Impact on the main causes of morbidity and mortality in the PHC. Ecology and		
	professional factors. Training of patients, "School of Health". Methods of		
	conducting preventive examinations, screening	2	2
6	Healthy eating.	3	3
	Dietotherapy for cardiovascular, pulmonary, gastrointestinal, renal diseases.		
	Composition of the treatment and dietary table and indications to it. Terms and		
	stages of diet therapy. Determination of patients' adherence to diet therapy.		
	Explanatory work of the GP.		

7	Cough with phlegm. Differential diagnosis of acute respiratory disease, acute respiratory infections when referring to GP. Treatment. Prevention. Tactics of the GP. Prevention and treatment of respiratory diseases in outpatient settings.	3	3
8	Cough with phlegm. Differential diagnosis of acute and chronic bronchitis, pneumonia when referring to GP. Tactics of the GP. Prevention and treatment of respiratory diseases in outpatient settings.	3	3
9	Shortness of breath and choking. Principles of prevention and treatment strategy for COPD and bronchial asthma in the primary care (observation and outpatient treatment during the offensive and interictal period). Indications for sanatorium treatment Evaluation of asthma control and the principle of stepwise change in therapy.	3	3
10	Pain in the chest is non-coronary. Differential diagnosis of myocarditis and myocardial dystrophy of various etiologies. Prevention. Tactics of GPs.	3	3
11	Pain in the chest is non-coronary. Tactics of GP for chest pains of a non-coronary nature. Ambulatory treatment, first aid and prevention of conditions accompanied by pains in the chest of a non- coronary nature. Differential diagnosis of osteochondrosis of the thoracic spine, intercostal neuralgia, chest injuries, shingles. Tactics of the GP. Out-patient treatment and prevention.	3	3
12	Palpitation. Tactics of GP and prevention in various types of arrhythmias and blockades (definition of high-risk groups). Features of therapy in outpatient settings. Pre- hospital care. Indications for routine and emergency electropulse therapy. Prevention of rhythm disturbance	3	3
13	Palpitation. Differential diagnosis of heartbeat with circulatory failure, anemia, thyrotoxicosis, NDC. Tactics of VOC Differential diagnosis of chronic heart failure by stages. Tactics of the GP.	3	3
14	Headache. Differential diagnosis of hypertension and sclerotic arterial hypertension. Tactics of the GP.	3 (2/1)	3
15	Headache. Differential diagnosis of arterial hypertension in stages, degrees. Risk factors. Stratification of the risk group by stages of GB. Tactics of the GP. Modern principles of prevention of arterial hypertension and SAG in the context of primary health care	3	3
16	Articular syndrome (arthralgia, arthritis). Primary, secondary, tertiary prevention and treatment of reactive arthritis and arthrosis. Osteoporosis. Prevention. Tactics of GP in the context of primary health care.	3	3

17	Articular syndrome.	3	3
	Differential diagnosis of osteoarthritis and gout. Prevention. Tactics of GP in the		
	context of primary health care.		
18	Dyspepsia.	3	3
	Prevention and treatment of diseases with impaired gastroduodenal secretion.		
19	Dyspepsia.	3	3
	Differential diagnosis of dyskinesia biliary tract and cholecystitis,		
	postcholecystectomy syndrome and the disease of the operated stomach in the		
	conditions of primary health care.		
20	Abdominal pain.	3	3
	Prevention of diseases that occur with pain in the epigastric hypogastric and		
	mesogastric regions. Differential diagnostics. Tactics of GPs.		
21	Diarrhea.	3	4
	Differential diagnosis of diarrhea of infectious and non-infectious etiology. Tactics		
	of GP. Prevention and treatment in the context of primary health care.		
22	Constipation.	3	4
	Irritable bowel syndrome. Classification. Criteria for diagnosis. Tactics of the GP.		
	Prevention of IBS, senile constipation and colon tumors. Tactics of GPs		
23	Hepatomegaly and jaundice.	3	4
	Prophylaxis and tactics of GP in viral, alcoholic liver disease and drug-induced		
	liver damage.		
24	Dysuria and changes in urinary sediment.	3	4
	Differential diagnosis of diseases accompanied by leukocyturia, hematuria and		
	cylindruria. Acute and chronic pyelonephritis, cystitis and urine acid diathesis.		
	Tactics of the GP. Prevention.		
25	Fever.	3	4
	Fever of unknown origin. Character, types of fevers, plan of examination with	(2/1)	
	fever. Methods of diagnostics. Tactics of GPs		
26	Fever.	3	4
	Differential diagnosis in rheumatic and neoplastic diseases. Differential diagnosis	(2/1)	
	of fevers in infectious diseases (bacterial and viral) .Profilaktika. Tactics of the GP.		
	Final end conclusion.		
Amount of oupatient therapy			6
	Total amount	38	4

Head of department prof.

Rustamova M.T.